

# THE HARROW

## FOOD MENU

### Light Dishes & Starters

Scotch Quail's Egg, Piccalilli £7.50

Marinated Olives (vg) £6.00 Hummus & Pitta Bread (vg) £7.50

Garlic Ciabatta (v) £5.50 , add cheese (v) +£1.00

Poppadoms (3pcs) mango chutney & onion salad (vg) £5.50

**Pumpkin & Chestnut Soup (vg) £8.50**

Roast butternut squash & chestnut soup, toasted ciabatta

**Smoked Mackerel Pâté £9.50**

Crudités, rocket leaves, toasted sourdough

**Fried Chicken £9.00**

Karaage style fried chicken thighs, kewpie mayonnaise

**Mezze Plate (v) £14.50**

Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread

**Caesar Salad £9.50**

Gem lettuce, crisp bacon, croutons, Parmesan, Caesar dressing  
add grilled chicken breast £6.00

### Mains

**Harrow Darkness, My Old Friend (v) £16.50**

Grilled halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel clouds

**Tiger Prawn Bhuna £17.50**

Coconut curry, spinach, red pepper, pilau rice, Indian roti bread

**Roast Sea Bream Gnocchi £19.50**

Fried potato gnocchi, wild mushrooms, tender stem broccoli, sun dried tomatoes

**Chicken Milanese £17.50**

Breaded chicken breast, ham, basil & tomato sauce, melted cheese, chips & salad

**Lamb Gosht £19.50**

Kashmiri aromatic rogan josh lamb, pilau rice, garlic naan

**12oz Black Angus Sirloin Steak £24.50**

Peppercorn sauce, chips & salad

**Check blackboard or ask the team about today's specials, vegan, vegetarian, gluten free  
and dairy free menus**

## **Pub Favourites**

### **Scotch Egg Ploughman's £17.50**

Scotch quails egg, hand-cut ham, Stilton, Brie & Cheddar, piccalilli, pickles & toasted sourdough

### **Ham, Egg & Chips £17.50**

Warm hand-carved Wessex ham, 2 eggs, grilled tomato, chips

### **Great British Bangers £17.50**

Pork & beer sausages, mash potato, seasonal vegetables & piperade gravy

### **Fish 'n' Chips or Scampi 'n' Chips £17.50**

Beer battered haddock fillet or breaded scampi,  
with Harrow marrow peas, garden peas, or salad and chips & tartare sauce  
add Battered Sausage +£4.50 add Coconut Curry Sauce (v) +£2.50

## **Sides**

Chips **£5.50 (vg)** add cheese (v) +£2.50

Mixed Salad (vg) **£5.00**, Seasonal Vegetables (vg) **£5.00**

## **Burgers**

On a brioche bun with mayonnaise, salad and a pickle. Served with chips & miso ketchup

### **House Burger £16.50**

Beef patty, smoked streaky bacon, Cheddar cheese

### **Black & Blue Beef Burger £17.50**

Beef patty, smoked streaky bacon, Stilton, onion marmalade

### **Barbecue Pulled Pork Burger £17.50**

Pulled pork, barbecue sauce and mozzarella

### **Grilled or Fried Chicken Burger £15.50**

Plain grilled or fried breaded chicken breast

add Hot Sauce (v) +£1.50

### **Barbecue Chicken Burger £17.50**

Grilled or fried chicken breast, barbecue sauce, smoked streaky bacon, Cheddar cheese

### **Falafel Burger (vg) £15.50**

Falafel, vegan mayonnaise

add grilled halloumi (v) +£2.00

*Please let us know if you have any dietary requirements, allergies or preferences before ordering.*

*We have separate special menus detailing vegan, vegetarian, gluten free and dairy free options*

*Please note that our dishes are prepared in a kitchen where nuts, gluten and other allergens are present.*

*Full allergen information is available upon request*

*No service charge - ever. All tips go to our team*

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# THE HARROW

## SUNDAY FOOD MENU

### Light Dishes & Starters

Scotch Quail's Egg, Piccalilli **£7.50**

Marinated Olives (vg) **£6.00** Hummus & Pitta Bread (vg) **£7.50**

Garlic Ciabatta (v) **£5.50** , add cheese +**£1.00**

Poppadoms (3pcs) mango chutney & onion salad (vg) **£5.50**

**Pumpkin & Chestnut Soup (vg) £8.50**

Roast butternut squash & chestnut soup, toasted ciabatta

**Smoked Mackerel Pâté £9.50**

Crudités, rocket leaves, toasted sourdough

**Fried Chicken £9.00**

Karaage style fried chicken thighs, kewpie mayonnaise

**Mezze plate (v) £14.50**

Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread

**Caesar Salad £9.50**

Gem lettuce, crisp bacon, croutons, Parmesan, Caesar dressing

add grilled chicken breast **£6.00**

### Sunday Roasts

*Served with roast potatoes, seasonal vegetables, Yorkshire pudding and gravy*

Wild Mushroom & Duck Egg Puff Pastry Tart, Tomato & Basil Sauce (v) **£17.50**

Roast Chicken Breast **£19.50**

Roast Belly & Loin of Pork with Crackling **£21.50**

Roast Leg of British Lamb **£23.50**

Roast Sirloin of Beef **£24.50**

### Sunday Sides

Cauliflower Cheese (v) **£8.50**

Pigs in Blankets (3pcs) **£4.00** (6 pcs) **£7.50**

Extra Roast Potatoes (vg) **£5.50**, Pot of Gravy **£3.50**, Extra Yorkshire Pudding (v) **£2.50**

Extra Portion of Meat; Chicken **£7.00** , Pork **£8.00** , Lamb **£9.50** , Beef **£11.00**

Chips **£5.50** (vg) add cheese (v) +**£2.50**

Mixed Salad (vg) **£5.00** , Seasonal Vegetables (vg) **£5.00**

## Mains

### **Harrow Darkness, My Old Friend (v) £16.50**

Grilled halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel clouds

### **Tiger Prawn Bhuna £17.50**

Coconut curry, spinach, red pepper, pilau rice, Indian roti bread

### **Roast Sea Bream Gnocchi £19.50**

Fried potato gnocchi, wild mushrooms, tender stem broccoli, sun dried tomatoes

### **Lamb Gosht £19.50**

Kashmiri aromatic rogan josh lamb, pilau rice, garlic naan

### **Fish 'n' Chips or Scampi 'n' Chips £17.50**

Beer battered haddock fillet or breaded scampi,  
with Harrow marrow peas, garden peas, or salad and chips & tartare sauce  
add Battered Sausage +£4.50 add Coconut Curry Sauce (v) +£2.50

## Burgers

On a brioche bun with mayonnaise, salad and a pickle. Served with chips

### **House Burger £16.50**

Beef patty, smoked streaky bacon, Cheddar cheese

### **Black & Blue Beef Burger £17.50**

Beef patty, smoked streaky bacon, Stilton, onion marmalade

### **Barbecue Pulled Pork Burger £17.50**

Pulled pork, barbecue sauce and mozzarella

### **Grilled or Fried Chicken Burger £15.50**

Plain grilled or fried breaded chicken breast  
add Hot Sauce (v) +£1.50

### **Barbecue Chicken Burger £17.50**

Grilled or fried chicken breast, barbecue sauce, smoked streaky bacon, Cheddar cheese

### **Falafel Burger (vg) £15.50**

Falafel, vegan mayonnaise  
add grilled halloumi (v) +£2.00

*Please let us know if you have any dietary requirements, allergies or preferences before ordering.*

*We have separate special menus detailing vegan, vegetarian, gluten free and dairy free options*

*Please note that our dishes are prepared in a kitchen where nuts, gluten and other allergens are present.*

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## GLUTEN & DAIRY FREE FOOD MENU

### Light Dishes & Starters

Scotch Quail's Egg, Piccalilli (gf) (df) **£7.50**

Marinated Olives (vg) (gf) (df) **£6.00**

Hummus & Pitta Bread (vg) (df) (please request gf) **£7.50**

Poppadoms (3pcs) mango chutney & onion salad (vg) (gf) (df) **£5.50**

**Pumpkin & Chestnut Soup** (vg) (please request gf, df) **£8.50**

Roast butternut squash & chestnut soup, toasted ciabatta

**Smoked Mackerel Pâté** (contains dairy) (please request gf) **£9.50**

Crudités, rocket leaves, *toasted sourdough*

**Fried Chicken** (gf) (df) **£9.00**

Karaage style fried chicken thighs, kewpie mayonnaise

**Mezze Plate** (v) (please request gf, df) **£14.50**

Hummus, *tzatziki*, olives, grilled halloumi, *grilled pitta bread*

**Caesar Salad** (contains dairy) (please request gf) **£9.50**

Gem lettuce, crisp bacon, *croutons*, Parmesan, Caesar dressing  
add grilled chicken breast (gf) (df) **£6.00**

### Mains

**Harrow Darkness, My Old Friend** (v) (gf) (please request df) **£16.50**

*Grilled halloumi*, aubergine imam bayildi, pine nuts, *tzatziki*, falafel clouds

**Tiger Prawn Bhuna** (df) (please request gf) **£17.50**

Coconut curry, spinach, red pepper, pilau rice, *Indian roti bread*

**Roast Sea Bream Gnocchi** (gf) (df) **£19.50**

Fried potato gnocchi, wild mushrooms, tender stem broccoli, sun dried tomatoes

**Chicken Milanese** (contains dairy) (please request gf) **£17.50**

*Breaded chicken breast*, ham, basil & tomato sauce, *melted cheese*, chips & salad

**Lamb Gosht** (contains dairy) (please request gf) **£19.50**

Kashmiri aromatic *rogan josh* lamb, pilau rice, *garlic naan*

**12oz Black Angus Sirloin Steak** (gf) (please request df) **£24.50**

*Peppercorn sauce*, chips & salad

(v) = Vegetarian, (vg) = Vegan, (gf) = Gluten Free, (df) = Dairy Free

Please specify your dietary requirements, allergies or preferences clearly to the team before ordering.

## Pub Favourites

**Scotch Egg Ploughman's** (please request gf, df) **£17.50**

Scotch quails egg, hand-cut ham, *Stilton, Brie & Cheddar*, piccalilli, pickles & *toasted sourdough*

**Ham, Egg & Chips** (gf) (df) **£17.50**

Warm hand-carved Wessex ham, 2 eggs, grilled tomato, chips

**Fish 'n' Chips** (contains gluten) (df) or **Scampi 'n' Chips** (contains gluten) (df) **£17.50**

*Beer battered* haddock fillet or *breaded scampi*,

with Harrow marrow peas, garden peas, or salad and chips & tartare sauce

add *Battered Sausage* (contains gluten) (df) +**£4.50** add Coconut Curry Sauce (v) (gf) (df) +**£2.50**

## Sides

*Our chips are cooked in a fryer which is only ever used for chips to ensure they are gluten free.*

**Chips** (vg) (gf) (df) **£5.50** add *cheese* (v) (contains dairy) (gf) +**£2.50**

**Mixed Salad** (vg) (gf) (df) **£5.00**

**Seasonal Vegetables** (vg) (gf) (df) **£5.00**

## Burgers

*Our burgers can be served on a gluten free brioche bun upon request.*

Our *regular brioche buns* are vegan (i.e don't contain dairy or eggs) but do contain soya and gluten.

Our chips are cooked in a fryer which is only ever used for chips to ensure they are gluten free.

**House Burger** (please request gf, df) **£16.50**

Beef patty, smoked streaky bacon, *Cheddar cheese*

**Black & Blue Beef Burger** (please request gf, df) **£17.50**

Beef patty, smoked streaky bacon, *Stilton*, onion marmalade

**Barbecue Pulled Pork Burger** (please request gf, df) **£17.50**

Pulled pork, barbecue sauce and *mozzarella*

**Grilled or Fried Chicken Burger** (please request gf, df) **£15.50**

Plain grilled or fried *breaded* chicken breast

add Hot Sauce (v) (gf) (df) +**£1.50**

**Barbecue Chicken Burger** (please request gf, df) **£17.50**

Grilled or fried *breaded* chicken breast, barbecue sauce, smoked streaky bacon, *Cheddar cheese*

**Falafel Burger** (vg) (df) (please request gf) **£15.50**

Falafel, vegan mayonnaise

add *grilled halloumi* (v) (gf) (contains dairy) +**£2.00**

(v) = Vegetarian, (vg) = Vegan, (gf) = Gluten Free, (df) = Dairy Free

*Please specify your dietary requirements, allergies or preferences clearly to the team before ordering.*

*Please note that our dishes are prepared in a kitchen where nuts, gluten and other allergens are present.*

*Full allergen information is available upon request*

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## VEGAN & VEGETARIAN FOOD MENU

### Light Dishes & Starters

Marinated Olives (vg) £6.00 Hummus & Pitta Bread (vg) £7.50

Garlic Ciabatta (v) £5.50 , add cheese (v) +£1.00

Poppadoms (3pcs) mango chutney & onion salad (vg) £5.50

**Pumpkin & Chestnut Soup (vg) £8.50**

Roast butternut squash & chestnut soup, toasted ciabatta

**Mezze Plate (v) £14.50**

Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread

**Caesar Salad (v) £9.50**

Gem lettuce, croutons, Parmesan, Caesar dressing

*Can be served vegetarian without bacon, please request when ordering*

### Mains

**Harrow Darkness, My Old Friend (v) £16.50**

Grilled halloumi, aubergine imam bayaldi, pine nuts, tzatziki, falafel clouds

*Vegetarian. Can be served vegan without halloumi and tzatziki*

**Wild Mushroom Gnocchi (vg) £17.50**

Fried potato gnocchi, wild mushrooms, tender stem broccoli, sun dried tomatoes

**Kerala Coconut Saag Aloo (vg) £16.50**

Coconut curry, potatoes, spinach, red pepper, pilau rice, Indian roti bread

**Falafel Burger (vg) £15.50**

Falafel, tomato chutney, vegan mayonnaise

On a vegan brioche bun with salad and a pickle. Served with chips

Add grilled Halloumi (v) +£2.00

### Sides

Chips (vg) £5.50

Cheesy Chips (v) £8.00

Mixed Salad (vg) £5.00

Seasonal Vegetables (vg) £5.00

(v) = Vegetarian, (vg) = Vegan

***Please specify your dietary requirements, allergies or preferences clearly to the team before ordering.***

***Some vegetarian dishes can be adapted to be vegan, please ask your server and specify when ordering***

*Our chips are cooked in a fryer which is only used for chips, to ensure they stay vegan.*

*Please note that our dishes are prepared in a kitchen where nuts, gluten and other allergens are present.*

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## DESSERTS MENU

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**Sticky Toffee Pudding** (n) £8.00

Sticky date and walnut pudding, hot toffee sauce, custard or vanilla ice cream

**Apple & Bramble Crumble** (n) £8.00

Almond & hazelnut crumble, bramley apple, blackberry,  
custard or vanilla ice cream

**Chocolate Fudge Brownie** £8.00

Toffee popcorn, vanilla ice cream, hot chocolate sauce

**House Ice Cream Sundae** (n) £7.50

Vanilla & chocolate ice cream, popcorn, chocolate sauce, toffee sauce,  
mixed nuts

**Ice Cream & Sorbet Selection** (£2.00 per scoop)

Please check with team for today's options

**Irish Coffee** £8.00

Jameson's Irish Whiskey, espresso, double cream

**Baileys Hot Chocolate** £7.50

Baileys Irish cream, hot chocolate, double cream

**Hot Toddy** £8.00

Glenmorangie Original, honey, lemon juice, aromatic bitters

(n) = contains nuts.

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## **Hot Drinks**

**Americano** £3.00

**Cappuccino** £3.20

**Latte** £3.20

**Flat White** £3.20

**Espresso** £2.80

**Hot Chocolate** £3.50

**Mocha** £3.60

**Dairy Free Milk** +50p

*Please speak to our team to find out dairy free milk options*

**Decaffeinated Coffee** +50p

**Monin Syrups** +£1.00

*Caramel, Madagascan Vanilla, Pumpkin Spice*

**Pot of Tea** £2.20

*English Breakfast, Earl Grey, Green Tea, Peppermint, Chamomile,  
Decaffeinated Breakfast Tea*