

THE HARROW

FOOD MENU

Light Dishes & Starters

Scotch Quail's Egg, Piccalilli £7.50

Marinated Olives (vg) £6.00 Hummus & Pitta Bread (vg) £7.50

Garlic Ciabatta (v) £5.50 , add cheese (v) +£1.00

Poppadoms (3pcs) mango chutney & onion salad (vg) £5.50

Pumpkin & Chestnut Soup (vg) £8.50

Roast butternut squash & chestnut soup, toasted ciabatta

Smoked Mackerel Pâté £9.50

Crudités, rocket leaves, toasted sourdough

Fried Chicken £9.00

Karaage style fried chicken thighs, kewpie mayonnaise

Mezze Plate (v) £14.50

Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread

Caesar Salad £9.50

Gem lettuce, crisp bacon, croutons, Parmesan, Caesar dressing
add grilled chicken breast £6.00

Mains

Harrow Darkness, My Old Friend (v) £16.50

Grilled halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel clouds

Tiger Prawn Bhuna £17.50

Coconut curry, spinach, red pepper, pilau rice, Indian roti bread

Roast Sea Bream Gnocchi £19.50

Fried potato gnocchi, wild mushrooms, tender stem broccoli, sun dried tomatoes

Chicken Milanese £17.50

Breaded chicken breast, ham, basil & tomato sauce, melted cheese, chips & salad

Lamb Gosht £19.50

Kashmiri aromatic rogan josh lamb, pilau rice, garlic naan

12oz Black Angus Sirloin Steak £24.50

Peppercorn sauce, chips & salad

**Check blackboard or ask the team about today's specials, vegan, vegetarian, gluten free
and dairy free menus**

Pub Favourites

Scotch Egg Ploughman's £17.50

Scotch quails egg, hand-cut ham, Stilton, Brie & Cheddar, piccalilli, pickles & toasted sourdough

Ham, Egg & Chips £17.50

Warm hand-carved Wessex ham, 2 eggs, grilled tomato, chips

Great British Bangers £17.50

Pork & beer sausages, mash potato, seasonal vegetables & piperade gravy

Fish 'n' Chips or Scampi 'n' Chips £17.50

Beer battered haddock fillet or breaded scampi,
with Harrow marrow peas, garden peas, or salad and chips & tartare sauce
add Battered Sausage +£4.50 add Coconut Curry Sauce (v) +£2.50

Sides

Chips **£5.50 (vg)** add cheese (v) +£2.50

Mixed Salad (vg) **£5.00**, Seasonal Vegetables (vg) **£5.00**

Burgers

On a brioche bun with mayonnaise, salad and a pickle. Served with chips & miso ketchup

House Burger £16.50

Beef patty, smoked streaky bacon, Cheddar cheese

Black & Blue Beef Burger £17.50

Beef patty, smoked streaky bacon, Stilton, onion marmalade

Barbecue Pulled Pork Burger £17.50

Pulled pork, barbecue sauce and mozzarella

Grilled or Fried Chicken Burger £15.50

Plain grilled or fried breaded chicken breast

add Hot Sauce (v) +£1.50

Barbecue Chicken Burger £17.50

Grilled or fried chicken breast, barbecue sauce, smoked streaky bacon, Cheddar cheese

Falafel Burger (vg) £15.50

Falafel, vegan mayonnaise

add grilled halloumi (v) +£2.00

Please let us know if you have any dietary requirements, allergies or preferences before ordering.

We have separate special menus detailing vegan, vegetarian, gluten free and dairy free options

Please note that our dishes are prepared in a kitchen where nuts, gluten and other allergens are present.

Full allergen information is available upon request

No service charge - ever. All tips go to our team

WIFI - The Harrow Guest Wifi - Password: TheHarrow (case sensitive)

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SUNDAY FOOD MENU

Light Dishes & Starters

Scotch Quail's Egg, Piccalilli **£7.50**

Marinated Olives (vg) **£6.00** Hummus & Pitta Bread (vg) **£7.50**

Garlic Ciabatta (v) **£5.50** , add cheese +**£1.00**

Poppadoms (3pcs) mango chutney & onion salad (vg) **£5.50**

Pumpkin & Chestnut Soup (vg) £8.50

Roast butternut squash & chestnut soup, toasted ciabatta

Smoked Mackerel Pâté £9.50

Crudités, rocket leaves, toasted sourdough

Fried Chicken £9.00

Karaage style fried chicken thighs, kewpie mayonnaise

Mezze plate (v) £14.50

Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread

Caesar Salad £9.50

Gem lettuce, crisp bacon, croutons, Parmesan, Caesar dressing

add grilled chicken breast **£6.00**

Sunday Roasts

Served with roast potatoes, seasonal vegetables, Yorkshire pudding and gravy

Wild Mushroom & Duck Egg Puff Pastry Tart, Tomato & Basil Sauce (v) **£17.50**

Roast Chicken Breast **£19.50**

Roast Belly & Loin of Pork with Crackling **£21.50**

Roast Leg of British Lamb **£23.50**

Roast Sirloin of Beef **£24.50**

Sunday Sides

Cauliflower Cheese (v) **£8.50**

Pigs in Blankets (3pcs) **£4.00** (6 pcs) **£7.50**

Extra Roast Potatoes (vg) **£5.50**, Pot of Gravy **£3.50**, Extra Yorkshire Pudding (v) **£2.50**

Extra Portion of Meat; Chicken **£7.00** , Pork **£8.00** , Lamb **£9.50** , Beef **£11.00**

Chips **£5.50** (vg) add cheese (v) +**£2.50**

Mixed Salad (vg) **£5.00** , Seasonal Vegetables (vg) **£5.00**

Mains

Harrow Darkness, My Old Friend (v) £16.50

Grilled halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel clouds

Tiger Prawn Bhuna £17.50

Coconut curry, spinach, red pepper, pilau rice, Indian roti bread

Roast Sea Bream Gnocchi £19.50

Fried potato gnocchi, wild mushrooms, tender stem broccoli, sun dried tomatoes

Lamb Gosht £19.50

Kashmiri aromatic rogan josh lamb, pilau rice, garlic naan

Fish 'n' Chips or Scampi 'n' Chips £17.50

Beer battered haddock fillet or breaded scampi,
with Harrow marrow peas, garden peas, or salad and chips & tartare sauce
add Battered Sausage +£4.50 add Coconut Curry Sauce (v) +£2.50

Burgers

On a brioche bun with mayonnaise, salad and a pickle. Served with chips

House Burger £16.50

Beef patty, smoked streaky bacon, Cheddar cheese

Black & Blue Beef Burger £17.50

Beef patty, smoked streaky bacon, Stilton, onion marmalade

Barbecue Pulled Pork Burger £17.50

Pulled pork, barbecue sauce and mozzarella

Grilled or Fried Chicken Burger £15.50

Plain grilled or fried breaded chicken breast
add Hot Sauce (v) +£1.50

Barbecue Chicken Burger £17.50

Grilled or fried chicken breast, barbecue sauce, smoked streaky bacon, Cheddar cheese

Falafel Burger (vg) £15.50

Falafel, vegan mayonnaise
add grilled halloumi (v) +£2.00

Please let us know if you have any dietary requirements, allergies or preferences before ordering.

We have separate special menus detailing vegan, vegetarian, gluten free and dairy free options

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SET MENU

2 Courses £21.50, 3 Courses £25.00

Starters

Scotch Egg (gf) (df)

Runny scotch quail's egg, piccalilli

Poppadoms (3pcs) (vg) (gf) (df)

Mango chutney & onion salad

Pumpkin & Chestnut Soup (vg)

Roast butternut squash & chestnut soup, toasted ciabatta

Hummus & Pitta Bread (vg) (df)

Moroccan style roast chickpea hummus, grilled pitta bread

Mains

Harrow Darkness, My Old Friend (v) (n) (gf)

Grilled halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel clouds

Tiger Prawn Bhuna (df)

Coconut curry, spinach, red pepper, pilau rice, Indian roti bread

Roast Sea Bream Gnocchi (gf) (df)

Fried potato gnocchi, wild mushrooms, tender stem broccoli, sun dried tomatoes

Chicken Milanese

Breaded chicken breast, ham, basil & tomato sauce, melted cheese, chips & salad

Beer Battered Haddock Fish 'n' Chips or Breaded Scampi 'n' Chips (df)

Harrow marrow peas, garden peas, or salad and chips & tartare sauce

Desserts

Sticky Toffee Pudding (n)

Sticky date and walnut pudding, hot toffee sauce, custard or vanilla ice cream

Apple & Bramble Crumble (n)

Almond & hazelnut crumble, bramley apple, blackberry, custard or vanilla ice cream

Chocolate Fudge Brownie

Toffee popcorn, vanilla ice cream, hot chocolate sauce

(v) = Vegetarian, (vg) = Vegan, (n) = Contains Nuts, (gf) = Gluten Free, (df) = Dairy Free

Some dishes can be adapted to suit dietary requirements, please ask your server and specify when ordering

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GLUTEN & DAIRY FREE FOOD MENU

Light Dishes & Starters

Scotch Quail's Egg, Piccalilli (gf) (df) **£7.50**

Marinated Olives (vg) (gf) (df) **£6.00**

Hummus & Pitta Bread (vg) (df) (please request gf) **£7.50**

Poppadoms (3pcs) mango chutney & onion salad (vg) (gf) (df) **£5.50**

Pumpkin & Chestnut Soup (vg) (please request gf, df) **£8.50**

Roast butternut squash & chestnut soup, toasted ciabatta

Smoked Mackerel Pâté (contains dairy) (please request gf) **£9.50**

Crudités, rocket leaves, *toasted sourdough*

Fried Chicken (gf) (df) **£9.00**

Karaage style fried chicken thighs, kewpie mayonnaise

Mezze Plate (v) (please request gf, df) **£14.50**

Hummus, *tzatziki*, olives, grilled halloumi, *grilled pitta bread*

Caesar Salad (contains dairy) (please request gf) **£9.50**

Gem lettuce, crisp bacon, *croutons*, Parmesan, Caesar dressing
add grilled chicken breast (gf) (df) **£6.00**

Mains

Harrow Darkness, My Old Friend (v) (gf) (please request df) **£16.50**

Grilled halloumi, aubergine imam bayildi, pine nuts, *tzatziki*, falafel clouds

Tiger Prawn Bhuna (df) (please request gf) **£17.50**

Coconut curry, spinach, red pepper, pilau rice, *Indian roti bread*

Roast Sea Bream Gnocchi (gf) (df) **£19.50**

Fried potato gnocchi, wild mushrooms, tender stem broccoli, sun dried tomatoes

Chicken Milanese (contains dairy) (please request gf) **£17.50**

Breaded chicken breast, ham, basil & tomato sauce, *melted cheese*, chips & salad

Lamb Gosht (contains dairy) (please request gf) **£19.50**

Kashmiri aromatic *rogan josh* lamb, pilau rice, *garlic naan*

12oz Black Angus Sirloin Steak (gf) (please request df) **£24.50**

Peppercorn sauce, chips & salad

(v) = Vegetarian, (vg) = Vegan, (gf) = Gluten Free, (df) = Dairy Free

Please specify your dietary requirements, allergies or preferences clearly to the team before ordering.

Pub Favourites

Scotch Egg Ploughman's (please request gf, df) **£17.50**

Scotch quails egg, hand-cut ham, *Stilton, Brie & Cheddar*, piccalilli, pickles & *toasted sourdough*

Ham, Egg & Chips (gf) (df) **£17.50**

Warm hand-carved Wessex ham, 2 eggs, grilled tomato, chips

Fish 'n' Chips (contains gluten) (df) or **Scampi 'n' Chips** (contains gluten) (df) **£17.50**

Beer battered haddock fillet or *breaded scampi*,

with Harrow marrow peas, garden peas, or salad and chips & tartare sauce

add *Battered Sausage* (contains gluten) (df) +**£4.50** add Coconut Curry Sauce (v) (gf) (df) +**£2.50**

Sides

Our chips are cooked in a fryer which is only ever used for chips to ensure they are gluten free.

Chips (vg) (gf) (df) **£5.50** add *cheese* (v) (contains dairy) (gf) +**£2.50**

Mixed Salad (vg) (gf) (df) **£5.00**

Seasonal Vegetables (vg) (gf) (df) **£5.00**

Burgers

Our burgers can be served on a gluten free brioche bun upon request.

Our *regular brioche buns* are vegan (i.e don't contain dairy or eggs) but do contain soya and gluten.

Our chips are cooked in a fryer which is only ever used for chips to ensure they are gluten free.

House Burger (please request gf, df) **£16.50**

Beef patty, smoked streaky bacon, *Cheddar cheese*

Black & Blue Beef Burger (please request gf, df) **£17.50**

Beef patty, smoked streaky bacon, *Stilton*, onion marmalade

Barbecue Pulled Pork Burger (please request gf, df) **£17.50**

Pulled pork, barbecue sauce and *mozzarella*

Grilled or Fried Chicken Burger (please request gf, df) **£15.50**

Plain grilled or fried *breaded* chicken breast

add Hot Sauce (v) (gf) (df) +**£1.50**

Barbecue Chicken Burger (please request gf, df) **£17.50**

Grilled or fried *breaded* chicken breast, barbecue sauce, smoked streaky bacon, *Cheddar cheese*

Falafel Burger (vg) (df) (please request gf) **£15.50**

Falafel, vegan mayonnaise

add *grilled halloumi* (v) (gf) (contains dairy) +**£2.00**

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VEGAN & VEGETARIAN FOOD MENU

Light Dishes & Starters

Marinated Olives (vg) **£6.00** Hummus & Pitta Bread (vg) **£7.50**

Garlic Ciabatta (v) **£5.50**, add cheese (v) +**£1.00**

Poppadoms (3pcs) mango chutney & onion salad (vg) **£5.50**

Pumpkin & Chestnut Soup (vg) £8.50

Roast butternut squash & chestnut soup, toasted ciabatta

Mezze Plate (v) £14.50

Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread

Caesar Salad (v) £9.50

Gem lettuce, croutons, Parmesan, Caesar dressing

Can be served vegetarian without bacon, please request when ordering

Mains

Harrow Darkness, My Old Friend (v) £16.50

Grilled halloumi, aubergine imam bayaldi, pine nuts, tzatziki, falafel clouds

Vegetarian. Can be served vegan without halloumi and tzatziki

Wild Mushroom Gnocchi (vg) £17.50

Fried potato gnocchi, wild mushrooms, tender stem broccoli, sun dried tomatoes

Kerala Coconut Saag Aloo (vg) £16.50

Coconut curry, potatoes, spinach, red pepper, pilau rice, Indian roti bread

Falafel Burger (vg) £15.50

Falafel, tomato chutney, vegan mayonnaise

On a vegan brioche bun with salad and a pickle. Served with chips

Add grilled Halloumi (v) +**£2.00**

Sides

Chips (vg) **£5.50**

Cheesy Chips (v) **£8.00**

Mixed Salad (vg) **£5.00**

Seasonal Vegetables (vg) **£5.00**

(v) = Vegetarian, (vg) = Vegan

Please specify your dietary requirements, allergies or preferences clearly to the team before ordering.

Some vegetarian dishes can be adapted to be vegan, please ask your server and specify when ordering

Our chips are cooked in a fryer which is only used for chips, to ensure they stay vegan.

Please note that our dishes are prepared in a kitchen where nuts, gluten and other allergens are present.

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DESSERTS MENU

Sticky Toffee Pudding (n) £8.00

Sticky date and walnut pudding, hot toffee sauce, custard or vanilla ice cream

Apple & Bramble Crumble (n) £8.00

Almond & hazelnut crumble, bramley apple, blackberry,
custard or vanilla ice cream

Chocolate Fudge Brownie £8.00

Toffee popcorn, vanilla ice cream, hot chocolate sauce

House Ice Cream Sundae (n) £7.50

Vanilla & chocolate ice cream, popcorn, chocolate sauce, toffee sauce,
mixed nuts

Ice Cream & Sorbet Selection (£2.00 per scoop)

Please check with team for today's options

Irish Coffee £8.00

Jameson's Irish Whiskey, espresso, double cream

Baileys Hot Chocolate £7.50

Baileys Irish cream, hot chocolate, double cream

Hot Toddy £8.00

Glenmorangie Original, honey, lemon juice, aromatic bitters

(n) = contains nuts.

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Hot Drinks

Americano £3.00

Cappuccino £3.20

Latte £3.20

Flat White £3.20

Espresso £2.80

Hot Chocolate £3.50

Mocha £3.60

Dairy Free Milk +50p

Please speak to our team to find out dairy free milk options

Decaffeinated Coffee +50p

Monin Syrups +£1.00

Caramel, Madagascan Vanilla, Pumpkin Spice

Pot of Tea £2.20

*English Breakfast, Earl Grey, Green Tea, Peppermint, Chamomile,
Decaffeinated Breakfast Tea*